



JULIA TORQUATI, PH.D.

Julia Torquati is a professor in the Department of Child, Youth and Family Studies (CYAF) in the College of Education and Human Sciences at the University of Nebraska—Lincoln. As the inaugural recipient of the Community Chair in Infant and Child Mental Health, she contributes expertise in the areas of infant and child mental health and socio-emotional development. As chair, she also helps educate families and other care providers to support mental and emotional development in young children.

Torquati is an award-winning faculty member with more than 25 years of experience in child development, child care, and nature-based environmental education. Her work integrates mental health into the full ecological system of very young children including their families, caregivers, teachers, and communities. Torquati has written a number of publications related to temperament, self-regulation, caregiving, peer relationships, adult-child relationships, and executive functioning. She holds her Ph.D. and M.S. from the University of Arizona and her B.A. from Marquette University.